

Curfews work – enforce them. Lock up your alcohol, count it, track it. Love as a parent, not a friend. Set rules – voice them, follow them. Don't be swayed by what other parents are doing. Never buy alcohol for kids because you think it's safer. If you think your child is drinking, they probably are – address it now. Limit alcohol at your own parties – kids are watching. Never look the other way when alcohol is being used by underage youth. Band together with other like-minded parents. Face it – as a parent, you will be the bad guy sometimes. Don't be afraid of losing your child's love, be afraid of losing them. And no, not everyone is going on Spring Break with friends.

Keeping kids safe from alcohol is like flying a kite.

Holding tight – l e t t i n g g o. And with time, we can watch them *fly*. Let them reach for the sky, *but with strings attached*.



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