

Smokefree San Dieguito Newsletter - Spring 2026

San Dieguito Alliance for Drug Free Youth



Secondhand Smoke Travels

Up to **65%** of the air in an apartment can come from other units in the building. Smoke can enter your apartment through vents, electrical outlets windows and around doorways. (Source: Center for Energy and the Environment)

New state-funded affordable housing leading way toward smokefree future

A new study by the Policy Research Center for Tobacco and the Environment shows that newly constructed, state-funded affordable housing properties in CA are adopting strong smokefree and vape-free policies. These protections may not exist in older housing stock, raising important equity considerations for housing built before 2021.

Smokefree policies protect the health of residents and the value of property.

Smokefree and vape-free policies have been widely adopted in new, state-funded housing:

98% prohibit smoking and vaping in residential units and balconies



100% prohibit smoking and vaping in shared indoor spaces



91% include smoking and vaping rules in the lease, with no exceptions.



Housing Types Included in the Sample

53% Large Family

26% Special Needs

12% Non-targeted

9% Seniors

Source: Policy Research Center for Tobacco and the Environment (2026), www.policyCTE.sdsu.edu

More than 100 California cities have adopted clean air policies that limit smoking and vaping at apartment and condominium properties to protect residents from secondhand smoke exposure and the toxic residue it leaves behind.



Welcome to SDA interns Alex Jimenez and Thiago Barranco, both outstanding students at MiraCosta College.

In March, Alex and Thiago worked with SDA's youth group, The Changers, to provide substance-use prevention education to students and tutors at Casa de Amistad in Solana Beach.

In April, Alex provided a presentation on Smokefree Multi-Unit Housing, in Spanish, at a La Colonia Foundation event in Solana Beach.



Thanks to all who attend SDA's **Hispanic Networking Breakfast** at MiraCosta College in April and SDA's **Community Networking Luncheon** at the Encinitas Community Center in May.



For free help to quit tobacco, visit the **Kick It California Quitline** at www.kickitca.org/quit-now or call 1-800-300-8086 (English) or 1-800-600-8191 (Spanish)

To contact San Dieguito Alliance or get involved in the Smokefree San Dieguito Project, to advance clean air protections for residents of apartments and condos in the San Dieguito region, visit us at www.sandieguitoalliance.com or email us at smokefreesandieguito@gmail.com